

Variable	Mean	SD	Min	Max
Age	38.5	12.5	25	65
Gender	Male	100%		
Marital Status	Married	100%		
Education	High School	100%		
Occupation	Teacher	100%		
Income	\$30,000	\$10,000	\$20,000	\$40,000
Health Status	Good	100%		
Smoking Status	Non-smoker	100%		
Alcohol Consumption	None	100%		
Exercise Frequency	Weekly	100%		
Stress Level	Low	100%		
Sleep Quality	Good	100%		
Dietary Habits	Healthy	100%		
Family Size	2	1	1	3
Work Hours	40	5	35	45
Commuting Time	30	10	20	40
Childcare Costs	\$500	\$100	\$400	\$600
Health Insurance	Private	100%		
Retirement Savings	Yes	100%		
Home Ownership	Owned	100%		
Neighborhood Safety	High	100%		
Public Services	Good	100%		
Community Involvement	Active	100%		
Life Satisfaction	High	100%		
Overall Well-being	Excellent	100%		

Variable	Mean	SD	Min	Max
Age	38.5	12.5	25	65
Gender	Male	100%		
Marital Status	Married	100%		
Education	High School	100%		
Occupation	Teacher	100%		
Income	\$30,000	\$10,000	\$20,000	\$40,000
Health Status	Good	100%		
Smoking Status	Non-smoker	100%		
Alcohol Consumption	None	100%		
Exercise Frequency	Weekly	100%		
Stress Level	Low	100%		
Sleep Quality	Good	100%		
Dietary Habits	Healthy	100%		
Family Size	2	1	1	3
Work Hours	40	5	35	45
Commuting Time	30	10	20	40
Childcare Costs	\$500	\$100	\$400	\$600
Health Insurance	Private	100%		
Retirement Savings	Yes	100%		
Home Ownership	Owned	100%		
Neighborhood Safety	High	100%		
Public Transportation	Used	100%		
Local Services	Good	100%		
Community Involvement	Active	100%		
Overall Satisfaction	High	100%		